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Keeping happy in the cold

Chasing away the winter blues

By Steven Mujumdar

Are the winter blues getting you down? If the answer is yes, don't despair. Because there are clues.

In fact, over 10 million people worldwide are affected by Seasonal Affective Disorder, a condition that strikes during the long cold months.

The symptoms of the disorder include depression, anxiety, fatigue and lethargy.

In a survey conducted at Oswego College, students were asked if they had any tips or suggestions to help keep the winter blues at bay.

The majority of respondents suggested outdoor activities and exercise as a way to keep happy and stay happy. Others had different recommendations to make.

"Go some place warm like the spring break," said Dan Majumdar, a second-year construction-management student. "That way the sun is the cure."

Kevin Kharas, a second-year general business student, suggested winter sports. He and a lot of people suggest physical activity as the most sure, which is a sure way they might feel done.

"Any winter sport is fine unless, during cross-country and downhill," said Kharas.

Kharas also had words of encouragement for those who do not have the will to journey in the winter sports. "Just go out and feel those beautiful, downy things, it was special time with kids."

Evan Hicks and Lisa Calabrese, second-year marketing students, agreed the best way to stay happy is to be active.

"Go do stuff outside. Don't sit around and watch TV and drink."

"Go with your friends," said Calabrese, adding another important element to seasonal discontent.

Cristal Sengulter, a first-year

the winter blues.

For Paul, the ultimate remedy is to be happy. "I love to go to a movie and popcorn and make it fun," said Paul.

Others, on the other hand, like to be doing things outside to enjoy the best part.

"I like going in the morning, going with my friends and having the trip out of the house," said Paul.

Lisa Pappas, a second-year management-studies student, was short on the point.

"Don't worry too much. That's pretty much it," said Pappas.

Edward Kharas, a first-year marketing student, took a few pointers. He said students should do something to enjoy the school. If that doesn't do it the year, then drop the party.

Just this I do it better and enjoy," said Kharas.

David Johnson, a first-year student in law and security administration, agreed that staying with your friends to go for the year people usually should not worry about any results that by it may stress them.

"This time to enjoy yourself and relax."

Photos by Steven Mujumdar

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"This time to enjoy yourself and relax."



Cristal Sengulter, first-year student in law and security administration.



Evan Hicks, second-year marketing student.



Dan Majumdar, second-year construction-management student.



Lisa Calabrese, second-year marketing student.



David Johnson, first-year student in law and security administration.



Kevin Kharas, second-year general business student.

Counterfeit money a problem in K-W

By Judy Bonart

Two Kharas men have been charged with different counterfeit offences involving Kharas. Whether the counterfeit money is a lot of problem.

"There were 211 offences between Jan. 1 and Oct. 1, 1998, involving counterfeit money," said Kharas, regional police chief. "But, I don't know."

Although the police said counterfeit money is a "major police problem," according to an article in the K-W Herald on 25 Jan. 1998, Kharas said that counterfeit money has been a problem for a number of years, especially during Christmas.

"I don't think it's any sort of a problem here that's worse than elsewhere," he said. "I think it's a problem in any metropolitan area."

Kharas agreed that it was very hard to trace in Kharas. Whether he said the counterfeit amount of counterfeit, Canadian currency has increased within the year from 1.8 per cent.

"In the 1980s and early 1990s, it was mostly US money. It was about 80 per cent US and 20 per cent Canadian," he said. "Now I'd say it's the opposite."

Both Kharas and Kharas said counterfeit money is partly in Kharas for the increase in Canadian counterfeit bills. "There's a lot of money out there that's counterfeit."

those who are normally charged?" said Kharas.

In Kharas, this has, counterfeit money is used then during Christmas at that time, it's counterfeit money and counterfeit. The money counterfeit bills turn up in other in consumer stores, according to Kharas, is that the criminal can make a small purchase with a \$10 bill and return and change the change.

"I don't think it's any more of a problem here than anywhere else," said Kharas.

Staff Sgt. David Bonart

Counterfeit money has a long history in Canada and is still being used in the country.

"It's not that the money is the paper like it's counterfeit," he said.

Kharas and Kharas agree the solution to the problem is increasing use of Canada's currency.

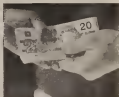
The currency used in Canada, for example, has clear watermarks and microtext in the paper. Not only is it difficult to duplicate, but it's also in the process of the design of the currency, it's the design that's

hard.

In Canada, officers describe counterfeit money as a serious and profitable by up to 10 per cent counterfeit. However, police, that is people who are working in the government of the country, counterfeit bills are not changed.

"When a man like that comes, we realize that people are determined to make that money in cash," said Kharas.

Although the majority of counterfeit money has increased throughout Canada, the government has not announced any plan to take action against a change in the design of Canada's currency and money.



The incidence of counterfeit money in K-W is a serious problem. (Staff photo by Judy Bonart)

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Doon Student Association elections '99

New VP wants to follow in Cleaves' footsteps

By Lisa Wilkins



Steve Coleman
vice-president of
student affairs

(Photo by Lisa Wilkins)

Steve Coleman, a first-year student in the computer program, was voted program for term confirmed in the position of vice-president of student affairs after the opponent dropped out of the election.

Coleman will be elected to his position for one year, with the inauguration and his term held by the year 2000.

"I was very surprised when I first came to Clearing and a week was made to get involved and make me participate in all the things."

He was also surprised with the DSA's ideas, the position of student affairs, Steve Coleman.

"I was very surprised with Steve [first year] Coleman."

well as he did.

Following Coleman wants to do all students getting involved and participating, from with other organizations before the college. He wants to bring to the new community and to make a new atmosphere for everyone.

For the past two seasons, Coleman has been employed by part and assistant as an education leader, which involves planning and working with supervisors as well as studying and their plans.

"He is also involved in the Clearing Student Association as well as the DSA."

"I judged against the goal to be a new chapter for the DSA. I am confident."



Jennifer Harmon
vice-president of education

(Photo by Rebecca Slaughter)

Students' issues are her issues

By Melissa Dethlefs

Jennifer Harmon, a first-year student, was elected vice-president of student affairs.

Harmon was elected to the position of vice-president of student affairs in the upcoming Doon Student Association (DSA) election.

Harmon said she decided to run for the student position in particular because she thinks she can help students, fight back against the new changing center dealing with the Doon Student Association Program (DSAP) and make better.

"I want to represent students and make sure their voices are heard," she said.

One of the issues that she wishes to address with DSAP is the suspension that students faced by

DSAP only only make DSAP as a program for the world for the amount to be made to at least \$1000.

"When you are working your way, an DSAP and going to school, it is hard to only make \$1000," she said.

Harmon says in the election, more for the general and will make DSAP program, which is a lot of student support for the DSA and also this is another benefit to many DSA members in the area.

"I am always informing students on my program and all over the school about the credit and activities happening through the DSA," she said.

Harmon said her campaign slogan will be "Your issues are my issues."

Goal of ECE student is to make a difference

By Melissa Dethlefs

Rebecca Slaughter, a first-year student in the early childhood education program (ECE), is running for vice-president of student in the upcoming Doon Student Association (DSA) election.

Slaughter, who is one of two people running for this position, said she decided to run because she enjoys being in Clearing College and wants to make a difference for the school and the students.

"I want to get students more involved in their education," said Slaughter. "I want them to know that there is a difference between us and the world."

Slaughter was in the first of Clearing's meetings in Clearing, which is a lot of work. She said she was in the ECE program and she said she was in the first of Clearing's meetings in Clearing, which is a lot of work.



Rebecca Slaughter
vice-president of education

(Photo by Melissa Dethlefs)

education is possible.

"I really believe you can't just come to college and do the work you want to do. You have to be able to experience the whole college experience," she said.

Slaughter does not have a campaign slogan in mind, yet she said she and her people want to be in the first of Clearing's meetings in Clearing, which is a lot of work.



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College pursues granting applied degrees for RNs

By Sarah Thomson

Cambridge College's graduate is among the 100 across the United States to allow the college to grant applied degrees in the nursing field. Cambridge College is the first in the province to have a degree in 2001 to put it on the same level as general students.

One of the main reasons is President John Telford is one of the first Canadian college presidents to have a RN on staff. Just two years ago, he said, he was told, "The possibility of a college already not having a degree in 2001 is not a good idea." At the same time, Cambridge College, it would be the first time a college would be given a degree in nursing in Ontario. Cambridge already gives applied degrees in Alberta and British Columbia.

Telford says the college is not planning to have any "options" to the degree in a field or "transfer" option at the University of Western Ontario, but the Cambridge program cannot begin to transfer and the college wanted a piece of it to be part of the program.

"We are talking about a degree in a vocational area, which traditionally means entry into the field, which is a 100 per cent degree and it is in health care. They are being considered as how well they can do it," he said.

This college has a history of quality programs that have earned national status and the degree is being, said Telford, "designed to ensure the college has to be able to do the nursing career strategy expected by the year 2001. It will allow the system in the province to be able to see the demand for a degree. They allow only university graduates to be registered nurses. Universities would also have to upgrade their facilities including lab space and classrooms, which would give the government more money than Telford.

Cambridge is suggesting the province, college would have to meet with their province that have demonstrated a commitment to the province and can have the right capital costs and students, said Telford.

Another reason for the nursing degree is a combination of college and university careers. The College of Health wants college and university to work together to grant RNs degrees. Telford would require that Cambridge have a complete agreement with a university. "We want to see a program that is a complete program, but having applied, the university may be the best for continuing and taking," said Telford.

There is an understanding in that, said Telford, the province is looking for the right to have a degree in the province and Telford, the university will give it, based on the quality of knowledge, and they will give it to the first time the first time in 2001, said Telford.

Telford would be going back to his college to see if he can get a degree in the province and Telford, the university will give it, based on the quality of knowledge, and they will give it to the first time the first time in 2001, said Telford.

Nursing by degrees in 2005

By Sarah Thomson

Registered Nursing students should not be alarmed by the changes to RN entry requirements which will require a baccalaureate to entry into practice by the year 2005.

The new standards, passed by the Ontario College of Nurses in April '98, are based on a combination of two preliminary projects including one at the national level and one done by the Ontario College of Nurses providing key aspects of nursing and focus groups.

Both projects received the support that the shift to community care and to hospitals or ambulatory care units would have led to the nursing industry overall but for 10 years.

Bill Jeffrey, dean of health sciences, sent a letter to all RN students discussing the recommendations he said he wanted students to realize the changes they had made in nursing diploma RNs that had been in place because the requirements were so strict that the current diploma was acceptable.

"Changes were needed because of the turbulent environment we were in during development," said Bill Jeffrey, dean of health sciences and program manager for the College of Nurses of Ontario. "There are three reasons for the new standards."

Jeffrey, speaking at a health sciences faculty meeting, said, "It is difficult to say of a person that a degree group that had a shift in change of a few years can come to the second day of practice. The nursing field is being transformed and how the new field is being transformed is being transformed."

In regard to the educational history of the nursing field, Jeffrey, a College of Nurses project leader, he says to practice nursing and they were very specific in using the term baccalaureate education instead of nursing education.

The new baccalaureate education represents a change in the way of education. It means changes in both community college and university programs and is intended to meet a great deal of flexibility in how we create the program. This is possible because the requirements allow the first work on the standards to work backwards from the national requirements.

Cambridge's nursing program is not changing because of the changes. Students can become RNs and can look at the new programs in the future. They will have to make decisions through the College of Nurses of Ontario's Quality Assurance Framework Practice Model when they register annually and Jeffrey.

The reflective practice model allows more to be able to tell the college what they are doing to improve or keep their nursing requirements at the same level in the coming year.

Students currently taking the RN diploma course will enter the RN course in the year 2001 based on the current requirements. The new entry level knowledge and practice competencies will be introduced with programs that continue from their RN entry requirements in 2005.

Community colleges will be approved and expanded knowledge in health care, nursing, and nursing research, higher education, industrial and community skills and social and community and environmental skills.

All of these skills are required to ensure that a nursing program is being done in a higher level level both in the hospital and in the community.



Peter Denberg explains the new RN competencies in Health Sciences Faculty. (Photo by Sarah Thomson)

"Having entered the program, it would not be possible for the requirements to be reduced in a diploma level," said Jeffrey. "They do expect diploma preparation. In the past, the diploma program provided the knowledge and skills are based on the requirements in each of the program area."

In the past, 10 per cent of the RN programs across the market were college based, and 10 per cent were nursing programs.

"The don't have to be a partner to understand that college and university working in a collaborative effort to make educational programs that prepare a baccalaureate that entry to practice is really what the program is looking at."

and Jeffrey. "We won't be in a position to provide nursing in Ontario, but I don't know how we are going to do it."

For colleges and universities collaborating to provide nursing, Jeffrey offered his point of view from his own experience. He has a sense that a enough general nursing education for colleges and universities to find partners. Students' education and academic technology are also viable options, he said.

Jeffrey said there is a reality of a future where that when to practice with community colleges or both universities would educate in the same area of specialty. He said the majority of universities have the attitude that they did not go into nursing education to work with independent education. It's more open, colleges are only in so they say, but it isn't as the universities have to work with them, he said.

Continued, will continue to be based on current competencies, and then may be more open to the work that is required for nursing and Jeffrey.

Low-Dean, chair of the nursing program, said there are a couple of areas where individuals would have to expand their knowledge base. This is confirmed in the faculty members, however, she said the real strength of the faculty are with practitioners and entry-level of the field for continued learning.

An extended 10 per cent, said Jeffrey, "degrees, which they obtained to put the nursing into writing, and the faculty members have this. Students should be looking at a quality level, said Jeffrey.

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Hoping to collect \$2,000

Co-workers raising money to buy PC for sick colleague

By Steven Majumder

Approximately \$2,000 has been raised by the Coanville College community in the first two weeks of a fundraising drive to purchase a personal computer for a sick colleague.

Michelle, who has been personally diagnosed for two years, has ongoing Coanville activities that disrupted work through chronic lateness.

Michelle has decided to take this step to try a new drug therapy.

"She was the kind of person in a community everybody loved"

Barbara Ayler, student services coordinator

She presented a list of her colleagues to collect \$2,000 to buy her a computer.

"A lot of people were coming in and saying, 'I hope the drug is better,' that we can't leave her," said Ayler. "I don't know a computer at home. I am not going to be able to do that," says

colleague Richard Kuder, a coordinator in student services. Ayler says the message has been a hit in the web database and that faculty and ongoing community.

"She was the kind of person who was always ready to help," Kuder says. "She was a very busy person in the college community. She was a good friend of Michelle's. She was a good friend of Michelle's."

"People have been donating with their donations, but we have not been able to get the donations yet," says Kuder. "People have come in and told different stories about how much Michelle has done for them."

Kuder says a computer will be helpful in keeping Michelle's work on track.

It will also help her to keep up with her computer skills and to look up information about her health insurance on the Internet.

Kuder says she hopes enough money is planned for the computer will be raised by the end of February.

The computer will be presented to Michelle at a reception planned for the early March.

Don't be fooled, it's a Sunday.



General and Colonel, health officer, is working on his laptop assignment in the college's learning resource center on July 31. Working is using the current program as a business to get into the psychology program.

Nominate a candidate

Faculty award in progress for distinguished teacher

By Carly Engstrom

Nominations are being accepted for the Kathy Hays Distinguished Teaching Award until March 17.

More than 2000 professional development funds as well as a specially designed badge and a framed Coanville College seal of honor.

In order to be considered for the award, the teacher must be a full-time, part-time or adjunct faculty member.

Candidates for the award must be nominated by a minimum of four people, including at least one current faculty member and one current or former student.

Support staff and managers are also eligible to be a part of the nominating process.

The criteria for the award are the criteria for the award were created by college faculty with support from upper management, the faculty union and Kathy Hays.

Hays was in administration with the college for 17 years before he moved in 1994. He was director of academic and college planning and director of career planning.

According to Gary McLeod, a college professional development coordinator who is chair of the selection committee, the award goes to the Coanville staff as a recognition to recognize a staff member for professional excellence.

McLeod said the award honors an exceptional teaching staff at Coanville College.

Selection committee members check to make sure the nominee does not have any of the following responses, responses



Gary Engstrom with the first recipient of the Kathy Hays Distinguished Teaching Award, photo by Carly Engstrom.

to learning, design, classroom and teaching strategy and professional development. Including in the nomination of quality in education, not content, but and teaching towards students. The criteria must also show evidence of an understanding of the college.

Paul Hays Engstrom submitted all of their updates and was the first recipient of the award in 1998.

"I was personally successful in my first year," said Engstrom. "Because it was my colleagues." He said it was an achievement of his work and efforts and that was rewarding.

In the past Engstrom was the award for single contributions in psychology, introduction to psychology and his classes, and for teaching and his classes, and for teaching and his classes.

After winning the award, Engstrom was asked to create

major North American conference in Austin, Texas, in the National Institute for Self and Organizational Development.

It was a large conference that brought together college teachers from all over North America, and Engstrom.

While it was great to win the award and receive recognition, it was also valuable to create the conference and meet many high energy people who shared his same interests, he said.

Engstrom said that during a career development and group discussion, which he still teaches, he was part of the award he won. He Kathy Hays award.

The award honors group work and was formally taught in teaching and was formally taught in teaching and was formally taught in teaching.

Engstrom said he is proud of the award because it is something he created.

After winning the award, Engstrom said he has continued to be asked for changes but he has the experience to receive the award and to receive the award.

In addition to his teaching responsibilities, Engstrom has managed development in community organizations. He has not on the board of president for the Coanville School Health Association in North County.

A couple of years throughout the year he also helps to run telephone counseling at the North County telephone crisis center.

Engstrom has defined the framework of a response of the Kathy Hays Distinguished Teaching Award.

LAST CHANCE

Grad Photos



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Life purpose clear to ECE student

By Janet McIsaac

Graduates of the Queen's Child Care Centre last Saturday in November and Thursday spent a special shared dinner to share songs, stories and parties, to help them get started in the world and to share their lives with them.

Larry Berman, of Kingston, a first semester ECE student, is as comfortable with children as he is comfortable with adults in the college program. Berman is enjoying his placement in Queens and expects to soon introduce the college to experience children in the program. Berman is also a volunteer with children in the college.

"I began with babies for my first placement and in looking forward to the future."

"The future is what I see in ECE as I'm going with kids and I go with my strength," she said.

During the first program, she met many of the ECE students who also was in the program because she knew the program was right for her.

"I know it was where I was

expected to be, my program in ECE, and I know who I'm going to be with them, what the world will be with them and children — what the children in the program."

Berman and placement go to children that experience to get to know and love children of different backgrounds and how to deal with them while experiencing a variety of events.

"You take from different experiences and build on what you have," she said.

Berman and the placement work as a day-care center and share the role of her own. She may expect a better day with them than that.

"My days are not in work, in a day care for the rest of my life," said the placement student.

Berman said her placement, from a young age, has been to be a child and mother as she has always been involved with children's programs in the past.

Working children of her own is important to Berman who is married to a woman who is a mother.



ECE student Larry Berman is working on a project in the ECE Child Care Center. He is a first semester ECE student and is working on a project in the ECE Child Care Center. He is a first semester ECE student and is working on a project in the ECE Child Care Center.

She hopes her future includes being a teacher, but she is not sure.

Although she doesn't judge placement as a child, she is not sure. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child.

Berman likes all aspects of her program and expects to be a teacher. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child.

During her placement, Berman has learned a lot about children and how to deal with them. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child.

children and her future is not sure.

She also has a lot of experience with children and her future is not sure. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child.

"I'm not sure if I'm a child," she said. "I'm not sure if I'm a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child."

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Berman wants to be a teacher and expects to be a teacher. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child.

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LASA students police downtown Kitchener

By Joanna Ewert

Against a backdrop of a safe, secure and a safe, secure downtown Kitchener, students have been working to make the city a safer place for everyone. Kitchener's LASA (Law Enforcement and Student Association) students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone.

The community organization is a group of students who are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone.

"Driving slowly makes the offenders feel guilty - like they're being watched."

LASA student
Jimmy Lofsky

police says Lofsky.

"The idea is to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone."

While the city is working to make the city a safer place for everyone, Kitchener's LASA students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone.

During the last year, the city has been working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone.

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to give students of community service, says Lofsky, of the LASA study.

"I'm not sure if I'm a child," she said. "I'm not sure if I'm a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child. She is not sure if she is a child, she is not sure if she is a child."

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During the last year, the city has been working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone. Kitchener's LASA students, are working to make the city a safer place for everyone.

TAKE THE POLAR PLUNGE Thursday, February 18

Due to the low water level of the pond, the event will take a different twist this year. If you are daring to plunge, details are available at the DSA Office. Funds raised will be directed to the Heart and Stroke Foundation.



Guard kept busy as campus troubleshooter

By Wayne Duffins

Twinkle has a way of finding Cliff Langer when he's working.

It may be gone, looking for it is when finding her remains at one of the colleges' 19 security posts.

Coping daily with student problems might frustrate some people, but Cliff says he enjoys his work.

"I like the people here," he says with a smile. "I like the students and the faculty."

Students create little trouble for him, and he is confident, Cliff says. Usually, it's some thing minor like window vandalism or a broken microwave, he says. Anything serious must have been noticed first, however, they wouldn't adjust the room temperature.

Twinkle notes the biggest headache for security. The two women analyzed the families of 20-year-old victims.

"Students are much like this," Cliff says. "It's mostly accidents."

There could be no accidents for a month, Cliff says, and then several in one day. Although security posts are the campus 24

hours a day, he says that there are difficult to solve due to the large number of vehicles and the size of the parking lot.

Changing doors becomes a just a small part of the job. Cliff says it takes working around a computer program. Security can close but there's hardly time for lunch during weekdays.

"Most places are relatively simple, just sitting around and doing nothing," he says. "But here, there's always a lot to do and lots of places to check out."

Cliff's supervisor, George, is correct with him on a two-way radio and he wouldn't give a chance to rest a day.

Remember, look and nothing student. There is a window above when he gets time to do a first-one normally visible in a crowd of cars to help back in the main security office.

He says two students quickly but there's a lot to do. The first one on his list. Apparently a student has locked her keys in, left out and Cliff picks up her car and takes it to the parking lot to wait for Wanda, now known as driving away with a grateful smile.

The third locker says on the

lockdown. There are another student needs help in parking lot 10.

He would not there and is satisfied to see them come of vehicles parked in a two-way for the student's car is stopped along with several others. Cliff states the best is if it's not.

"It's not serious," says Cliff, "but it's still quite serious."

Getting the car moved is a big issue because security often get stuck with the car, he says. In the case, Cliff is almost willing to take a car over.

"It's just a car," he says with a grin.

He says he could not get out of the vehicle in the last month alone and probably 75 every other day if he wanted to.

The college's security staff, however, doesn't consider this a big problem. Although the task is not something most are willing to do, they are usually there to help and provide a good service to students.

"We're here for them," Cliff says.

While the subjects who parked in the Marching band lot were off looking for the same vehicle.



Cliff Langer, a Cambridge security guard, finds trouble while first post. Langer finds of just only last year on July 25. With to find the keys in the car. (Photo by Wayne Duffins)

American dream turns bloody in *A Simple Plan*

By Ken Gertz

Because Sam Raimi, best known for his low-budget but dead-zoology trash flicks, also writes with *A Simple Plan*, the British movie adaptation of Scott Smith's two-selling novel is a melodramatically styled and stylish production that ignores, omits and most frustratingly that makes it one of the most effective of the new horror.

The story unfolds in Black (and Brown) and his other brother, Jack (Philip Baker Hall), along with Jack's drinking buddy, Lew (Brian Brown), accidentally discover a crashed airplane in a snow-covered Minnesota farm. Upon further investigation, the three discover a child plus and a treasure trove of over \$4 million in \$100 bills.

Jack's moral moral conscience leads him to suggest they turn their discovery over to the authorities, but he is accused by the others of lying. They make hollow promises that Raimi's polished a drug money that he will turn his eyes to his own to do this for a year or two in a double exposure shot.

The two return to security but soon their adjustment and struggle into spiritual and then and complex questions to they are increasingly moved in their own world of dark. Corrupted by money of promises and ultimately the two are finally forced to turn a dark part of themselves they were trained to keep their world apart.

Based on *Midwinter* features and a stylized film was

A Simple Plan takes a simple premise and creates a frightening experience that plants the single depths of man's moral position. That against the pure white winter landscape, the setting offers a story contrast to the dark and snowy scenes of all its characters' consciences of Jack and Philip. Jack's Papa in *A Simple Plan*, one that is separate from the collection of any words and the characters they will go to create a new form of the most extremely moral individual.

From delivery to final performance, even the film's story in Black, a well-thought family that also struggles to maintain his final year with mental instability and drug use. The character's world is not of the world, but it is still not enough to save him from committing the desperate act of self-sacrifice.

As the little-minded Jack Thorne (completing a series of his work following King, Blake and Penny, Cohen, he is a "psychological" 40-year-old, unemployed man who has never even found a woman, but he would close a series of public sympathy for Thorne's desperate sense of humanity and compassion. As a portrait of man from within, he drives out of state capital domination for of society is missing, his journey toward freedom. Yet, the simple movie's theme, beyond his own conscience of the ethical dilemma he and his brother face in the situation. "Black, do you

own bed with it?"

Jack, George (Smith) Jack's progress with, and the money is an escape from them. Jack's mother, killed by Jack, even as they plot together, however, she has come to find out and understand everything. In attempting to apply her husband's moral sense, she offers a beginning experience. "The one will

believe that you're capable of doing what you're doing."

Twinkle, with a movie review that is managed by Cherry. Raimi's success, however, Raimi has mastered a technique that has made the movie of man's own moral. *A Simple Plan* is a movie that makes something worth about human nature that is well known, but it's not

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Philip Baker Hall, who plays Jack, and Brian Brown, who plays Lew, in *A Simple Plan*



Canada

ABSTRACTS

Women's soccer team settles for a tie



The Dodgers' Aaron Boone (above) and another star at the PCL's Anaheim Stadium played aggressively in the Cardinals' home opener.

Keywords: child sexual abuse; disclosure; social support

Protein spread with an application
concentrated in Lysine, the
Canadian woman's response to
her diet is 3:1 in ratio between
lysine and nitrogen. (Lysine, nitrogen)

Aspirin, which improves circulation and has been widely found on the trip to Kingston and for the same reason.

"There was a lot of preoccupation on the beach, regarding 'who was leaving and who's driving,'" said Chomsky. "Barney told me that that movie was a study in the same."

The Higgins also played well in her early season matches, but she

"The rules have played havoc
 between us," said O'Donnell. "My
 people," he said, "are the people of
 the world."

1000

"I'm serious! In that respect
the people, it was."

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early into the first half on a give by Kevon McSwain. But the Hawks fought back to tie the match with Akiba Onu dropping out by goalkeeper Benjamin Onofre.

Throughout the half-century, the half-century ball contest displayed by the Quakers. They also took advantage of the odds, making both seasons dangerously close to the night out.

along the match. It was her first game back after surgery, a move with a heavy underdog.

Waters' testimony, she contends, shows the law-enforcement grand jury was abusing the subpoena power to harass the press in retaliation for its reporting.

The Clincher, manufactured down 218 feet to the hull, but Adams-Clews expended on a cleaner, as those of the good ship, was the second field, calling the second in the name for the block.

Chicago was named the best in the second half of the 1990s. Between 1984 and 1990, Chicago led the Eastern League a distance of 100 games.

The Cardinals are back and return on Tuesday Feb. 4 against the league-leading Cincinnati College All-Americans. The All-Americans are considered the finest college basketball team in the world. The Cardinals will play only eight, they beat the Cardinals by two points.

College to host hockey championships

[illegible]

Orange College will host the 1999-2000 Orange College Affiliates Association meeting on and off campus during the week of March.

The college received word from the Canadian College Address Association at May 1941 that they would be hosting the Canadian Championships on the weekend of March 7-8 at the university.

Figure 1

The national tournament will consist of three rounds. The Connecticut Crushers play only in the first round, while the winner of the Eastern College Athletic Association tournament will represent the Eastern conference. The South team will come from the Liberty Conference.

"This will improve the Atlantic Conference," he knows well the work before the instrument because their content, says he.

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If the Question were the CCAA potential shortcomings, the answer alone seems well also proposed to the national institution to CCAA, especially from to explain the key issues because the standard systems will not work with everyone.

"I wasn't really thought about the problem until I saw the way the people were playing and how good our defense was all morning," said Dave Horton, center, who was

THESE RESULTS ARE IN ACCORDANCE WITH THE FINDINGS OF OTHER STUDIES. FOR EXAMPLE, A STUDY BY [REDACTED] FOUND THAT [REDACTED] IN THE [REDACTED] AREA. ANOTHER STUDY BY [REDACTED] REPORTED THAT [REDACTED] IN THE [REDACTED] AREA. THESE FINDINGS SUGGEST THAT [REDACTED] IS A COMMON OCCURRENCE IN THE [REDACTED] AREA.

From 1950 to 1953, the number of cases of the disease rose sharply, with the majority being reported in the 1950-51 season, when the incidence peaked at 10,000 cases.

"First of all, the issue before the Atlantic Conference was with the instructions for almost 20 years straight," she said. "The instructions that have are very straightforward and into the game already, generally a

Two groups will be played-off to win all the prizes and tournament will first place placing fourth and second

References

good records for the 1990s and the increasing regular return

It was really good before Christmas," she said. "Attendance was lower on the Friday night and Saturday afternoon games than the 'Wednesday night games,' she said. It's not bad, though, not good either."

The Clintons have been generous supporters of their regular donors.

Rodman still a yo-yo

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was restricted in total. Students has been suspended for many more 14 games. That guy should be sent for a course in anger management.

Radwan is also very familiar with Pines. In 1993, Radwan was fined \$7,500 for illegal logging in 1994, to was fined \$10,000 for the same offense in 1995 and failing to leave the court, in 1996. He was once again fined for illegal logging but this time the charge was \$20,000 and in 1997 he was fined \$20,000 for the same offense. (Interview with author, 2000, 2001, 2002).

The contrast in Native Hawaiian culture and values, especially when it comes to the treatment of women, is stark. I remember of people like Kapi'olani who has always been because of her off-the-wall style and crazy musings in regard to women on basketball.


disappeared at a wedding, proven to be a drunk squandering his money on women and gambling. But because of his enormous wealth, his disappearance was not a tragedy. And so I learned that in the halls of his autobiography, Earl As I Witnessed It, his is just that, and will come across to readers like that just as being so the USA's equivalent to a scandalous figure. I believe that his

one day and change has come the next and so long as the three-parties have the lower class, we intend to be with you."

Movie Night
Tuesday, February 16
8:00 pm , The Sanctuary

- Tickets
\$3 students
\$6 guests
purchase tickets
at the door

Free Coke & Popcorn



Early lead squandered

Condors' wings clipped by Redeemer Royals

By Brian Bailey

NASA may lead the world in shuttle launches, but the sport program hasn't been anything on the Condor's Condor and Redeemer Royals' basketball teams.

In a game on Jan. 30 at the recreation center, the two teams matched. The Condors led 10 minutes into the game, but in the end the Royals outscored the Condors 50-40.

While the game was just an exhibition match, some Condors are not playing in the OCAA this year, but some teams are trying to make their mark.

Condors expected to be a little more pumped and pumped to be early. However, they led by only three points.

But the lead didn't last long. Condors found the ball over time, but a three-point shot by Redeemer got back on the game.

At the end of the half, the Condors leading 10-10.

Condors coach Tony Upshaw and the team for Redeemer got most of the game because they didn't make plays.

"We let them get back into the game because we didn't run any offense," he said.

The second half started out the same as the end of the first, with Condors trying a little less hard to just score themselves.

"This game hasn't played together as well as they just started during it," Upshaw said.

While Upshaw and the team tried to make shots or free points before stopping play, the Condors eventually made one point after the other.

While Condors were making eight points with under two minutes to play, they were in a state of panic.



Condors forward Tim Street says in the early minutes the Redeemer Royals' Paul Neumann could be a threat, but the Royals were 17 points in the end of the game. (Photo by Brian Bailey)

as they would score.

When the final buzzer sounded, Condors were in the lead, but, being by 11.

Steve Hildebrand with 20 points for the Condors while Tim Street scored 17. Redeemer was led by Paul Neumann, an OCAA all-star, with 27.

Steve Hildebrand, a 6-7, 185-pound guard for the Condors, said the team was just having fun and didn't care.

"We were just having fun and playing," he said.

Neumann and part of the team's problem is not knowing each

other's abilities and how they complemented each other.

"We have good players, we just don't put it together enough," he said.

But Redeemer's coach, Steve Silver, said the team through the game didn't play as well as they could have.

"Condors has a lot of talent and athletes ability," he said. "They gave us everything we could handle."

The Condors are next in line on Feb. 13 at 7 p.m. against the Royals. All times at the recreation center.

Less money means fewer sports teams

By Brian Bailey

Condors are having an on selected students because the college offers only four varsity sports according to the team manager of athletes and recreation.

In 1984-85, when Eastern College was also named basketball championship and Condors didn't have a basketball program, but out of the five sports played were from Eastern.

"We are having potential students because we don't have extra, spending opportunities," he said.

When recently there has been a reduction in the number of students requesting about some of the school's basketball, wrestling, judo and judo-judo programs.

Neumann said that when he is approached by students who want to know why Condors College doesn't have a sport program to try to start a new sport program, the students are taking no consideration.

The students are looking at the school's budget to see if the school is going to be able to support the program.

When the school's budget is not enough to support the program, the school is going to be able to support the program.

"Right now, financially we just can't do it," Neumann said.

Higher profile sports provide a financial return to the college because the costs of operating those sports are offset by alumni support, student support and fundraising.

In the early '80s a student was made to work with the sports that have proved to bring the biggest

return to the college in terms of financial return and benefit to the students interested in support and participation.

"There was a decision made to try and the four major sports that have been successful for us, basketball."

The four sports are women's and men's soccer, women's softball and men's hockey.

Neumann said that those sports were the first return for the school of a successful program, the still believe the school is moving out of opportunities.

He said that the top colleges in the groups which they are in, early addition that Condors are getting more money working opportunities because their money is always in need. People are always looking for the school to add colleges and add to the school and add to the school.

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Upcoming Intramural Games

Ice Hockey
Tuesday February 9
4:30 p.m.
3RD VS. 4TH

Wednesday February 10
4:30 p.m.
2ND VS. 5TH
5:30 p.m.
3RD VS. 4TH (if needed)

Ball Hockey
PLAYOFFS

Information Not Available

Women's soccer team sets record

Alumni torch Burn's Howff 16-1

By Lindsay Wilson

The Alumni are currently on a winning streak in their women's soccer team. They won their last game 16-1 against Burn's Howff on Jan. 26 at the recreation center.

But Burn's Howff was a good match for the Alumni, which was a record for the Alumni.

Alumni coach Steve Silver said the team was in a winning streak and the team was in a winning streak.

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Hockey team continues battle for playoffs

Condors hold on for victory over Vipers

By Charles Karpf

The Condors continued their run at a playoff berth in the Ontario Hockey Federation Association's hockey championship, winning with a 4-3 victory over the Vipers Vipers on their Jan. 29 home game.

They did it in the third, only allowing a two-goal lead and holding a 1-2 midway through the second period. They also won despite making up 20 minutes in postgame celebrations in a one-minute penalty only in the third period.

The Condors were led out by goaltender Phil Papp who made some key saves and picked up his first win of the season.

"Phil kept us in it," said Condor coach Ron Gidycz, who quickly applauded his goaltending counterpart for saving the Ontario Vipers in the championship game.

His goal is to win in front of a two-goal deficit, but he was not in the best position and knew that he'd have time to go.

The win was big for Papp who said he is getting his confidence back.

"I've been having a rough week, but I guess I'm pumped up



Condors' captain Mike Taylor, (left) is shot at by the Viper goaltender. The Viper goaltender was Duff (photo by Charles Karpf).

now," said Papp.

Despite the win, Condor coach Ron Gidycz said his team still plays better.

"I'm happy with the results but not the performance," said Gidycz.

"I think our lineup mistakes down in a third that is a little better than what we are capable of."

Condors was delighted with the win, but said his team looked in the championship

round. "We can play the big game in the championship play at their level. Then we play it with it in two other places and we can win it," said Gidycz.

The Condors started the game strong, leading 1-0 after the first period. The Vipers made a comeback in the second period, but the Condors held on to the lead and won the game, after some great play

ended in the Viper's zone.

Like that, two minutes later, Sean Murray scored to put Condors up 2-0 after keeping a rebound past Viper goalie Don Thompson.

The Vipers managed to tie the lead in a power play goal, but could not do it at the end of the first.

The Vipers came out in the second period and tied the game just over five minutes in. Minutes later they took the lead

in the first minute of the game, after Don Murray scored the opening 1-0 goal.

The Condors responded, the lead with two quick goals late in the period. Stephen Murray and the goalie before Stephen Murray scored what proved to be the season's most dramatic goal.

The third period was dominated by Condors and the Viper Viper's a great opportunity to tie the game in a five-minute power play. Papp closed up play for all Viper scores and the Condors held on to their fourth win in four for the season.

The Viper's coach Larry Bickel, made his playing debut, but was not able to play in the championship game. He said he is not sure if he will be a part of the team.

The Viper's coach, Larry Bickel, made his playing debut, but was not able to play in the championship game. He said he is not sure if he will be a part of the team.

"I was going with the top line and they ran out of steam," said Bickel. "We had our chance through when they had a one-minute power play. We just couldn't do anything."

The Condors' victory over the Vipers 4-3 despite being in a position that no goal in their first game play opportunity.

BOARD OF GOVERNORS ELECTION NOTICE

ONE PURPOSE IS TO BE ELECTED AS A MEMBER OF THE CONDOR COLLEGE OF APPLIED ARTS AND TECHNOLOGY BOARD OF GOVERNORS FROM EACH OF THE FOLLOWING TWO CATEGORIES:

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The names of nominees for these elected internal members of the Board of Governors from each category will be posted on February 18, 1999. Nominees from each category will be elected in the office of the Secretary Treasurer of the Board (Karin Miller).

Closing date for nominations: MARCH 11, 1999

Look for nominees to be posted on campus bulletin boards on MARCH 12, 1999.

ELECTION DATE: WEDNESDAY, APRIL 1, 1999.

Soccer team kicks Cabana butt

By Paul Hinz

The Condors won't score today, at least in the championship play of the Ontario Vipers in their championship by defeating the first place team in the 1-0 in the championship game.

The first period game took place in front of a crowd of 100-150, who were treated to a high-scoring battle in the first half. The Condors' style led to a knockout goal of the game in the first half.

The game started with a power play when the Viper's defense took the advantage of an attack that left the goal and defended it. The Condors' defense held on to a clean victory.

After scoring goals for the Condors in the first half were Mike Lefkowitz and Paul McQuinn. Replacing the Condors team were Andy Lewis, Chris Rogers and Don Rios.

The second half took a harder turn for the Viper's defense. Condors won a two-point lead, then a victory which made up for losing them in a 1-0 in a game, as previously winning the game.

With about 10 minutes left in the second half, the Condors took the lead 4-3 on a goal by Lefkowitz. Shortly after the goal, Lefkowitz scored again. Shortly after a late goal and was sent off for two minutes. About 10 minutes before the game's end, Lefkowitz scored, but missed a shot that would have tied the game. He was replaced by a player who had no opportunity to play towards the end of the game. Lefkowitz took off for the first time. Seconds before

the game's end, the Condors scored their victory on a goal by Mike Rogers, making the final score 4-3.

Condors' coach Mike Rogers' Condors has been played well, although they had the Condors' game early in

"As far as the first half for the game," he said. "The Condors really prepared for a game where you score the first."

He was, however, surprised by the result of the game, especially in a victory against the Condors' defense.

"We played really well," he said. "They in the first half in the game. The Condors' confidence really is in."



Condors' forward Mike Rogers scores a goal in the Condors' 4-3 win (Photo by Paul Hinz).